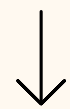


READY FOR
NEW HEIGHTS?



AWESOME





with Julia Dragan



hi, that's me

WHEN WAS THE LAST TIME YOU FELT



NERVOUS



FRUSTRATED



STRESSED



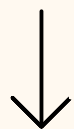
BORED

LOST, PUZZLED ABOUT WHAT TO DO NEXT,
OR THINK TODAY IS NOT THE RIGHT DAY TO CHOOSE YOU?



I AM HERE TO

SUPPORT YOU IN MAKING POSSIBLE WHAT YOU WANT



my name is

ulia

and I believe we are wired for connection

After 20+ years in the corporate world and freelancing my passions, I came to believe that what brings us together is what we share as human beings. And what keeps us apart is the misunderstanding of that. Connection.

[Read more about me](#)



SO, INSPIRED BY MY OWN ADVENTURES,
I PUT TOGETHER

A COACHING PROGRAM

AROUND LIFE AS WE KNOW IT
AND DRIVEN BY MOUNTAIN'S REGENERATIVE POWER

THE UNIQUENESS I OFFER YOU

I have been living in Basel, Switzerland for the last 15 years and going out to spend time climbing mountains has become my second nature. It's not just health and wellness that I get from my outdoor activities, but also the vital force that I use in everything else I do.

Over the years I've come to realize that what I cherish the most in my professional activity, inspiring people to achieve maximum potential through empowerment, is undisputedly way more worthwhile if done in partnership with what nature has to offer us.

Tranquility, silence, anchoring, equilibrium, balance, honesty, authenticity, circularity, timelessness. And many more.



MOUNTAINS = COMPANIONSHIP

SO I TOOK IT WITH ME

to bring it forward.

I developed a bespoke coaching program that takes place both indoors and outdoors, as a means to include all of who we are in our endeavor to peak potential.

It's a program in which I cultivate trust and psychological safety, catalyze self-discovery, enhance insight, and inspire movement into action so that you (as an individual and within your team) can thrive and go UP unobstructed.

It is a journey of inward and outward inquiry where anything that can interfere with the organic voice of our surroundings is put aside. We mute the noise so you can hear yourself.

AVOID





MY INVITATION FOR YOU

IS TO RISE WITH COURAGE

GUIDED BY PASSION, INTUITION AND A SHARP INTENTION



MAIN OUTCOME OF WORKING WITH ME

FIND YOUR ALTITUDE

Just as we conquer outdoor mountains, we have our inner peaks as well, one more colorful and cheerful than the other but sometimes we let them aside because of life's challenges or because they fall second or third in priority.

I propose putting them back on the table and setting the lens on what you might climb inside of yourself to see how you and your life might feel and look like when facing it top down.

OTHER WINS THAT WILL KEEP ON COMING

TAKE THE LEAD OF YOUR LIFE

Reframing what we experience and how we look at what we experience is key for the life we build for ourselves and others.

I plan to prove that to you, so you have power around everything that matters for real and start leading with intuition.

RISE

TO THE

CHALLENGE

HOW I DO IT

BY HEARING YOU OUT



BRING

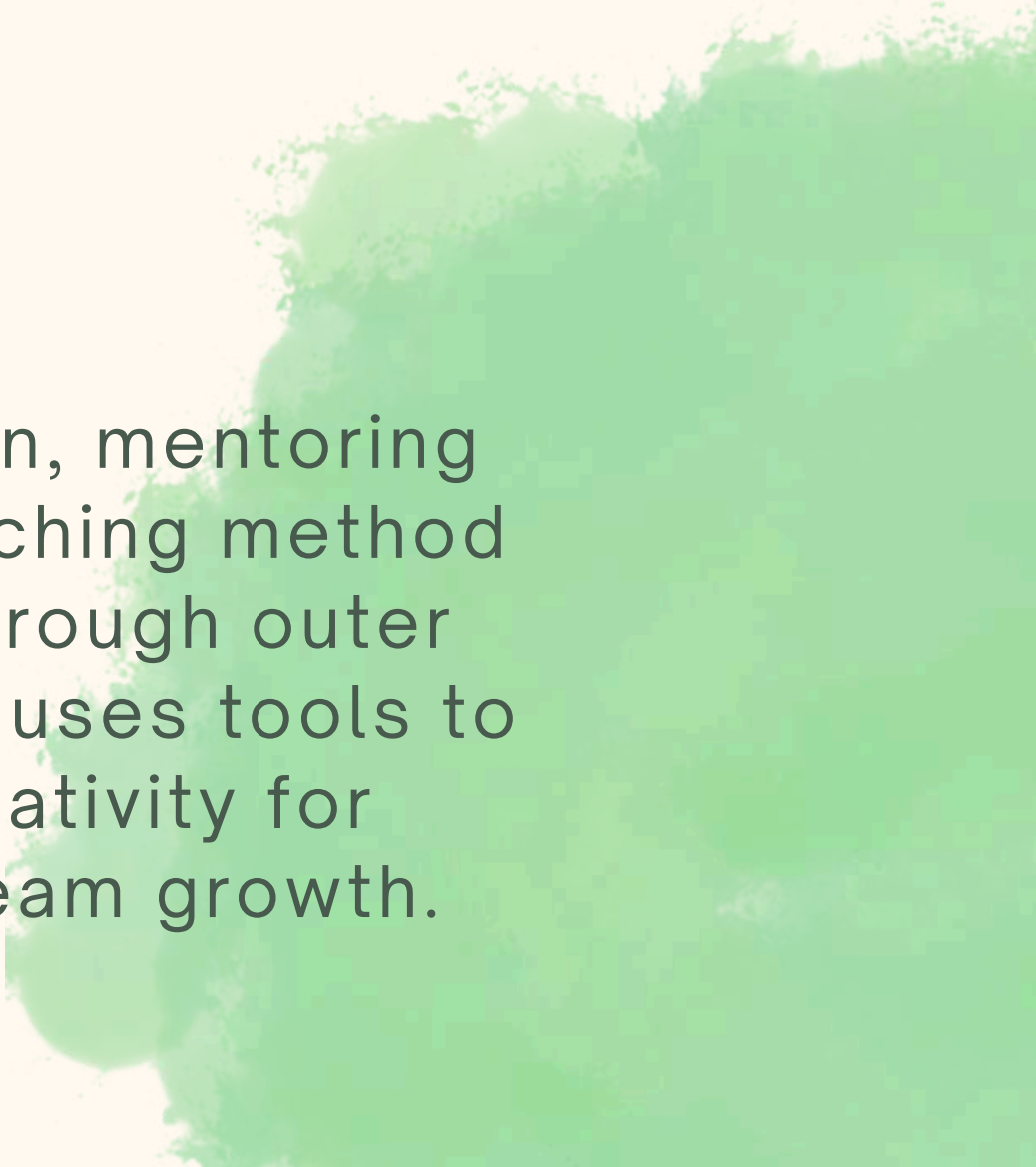
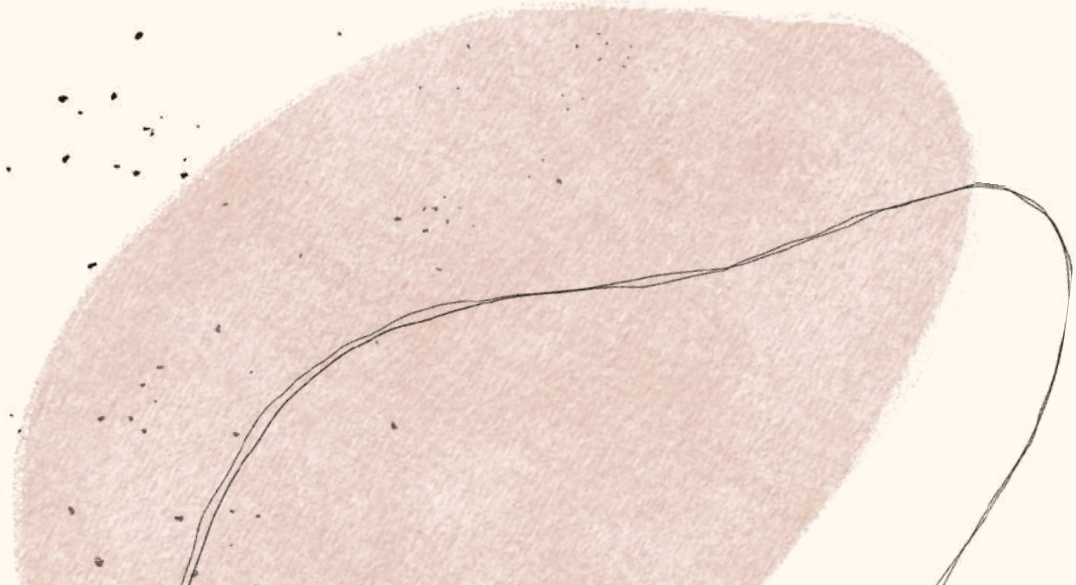
Listening to what you have to say is not enough. Hearing you is different because it puts me in the position to offer my undivided attention so that your goals get met according to your own standards and by your rules.

All you need to bring is yourself and your focus.



MY COACHING STYLE

LET GO OF WHAT YOU CAN'T CONTROL



Developed through inspiration, mentoring and self-exploration, my coaching method aims to guide inner quests through outer adventures and occasionally uses tools to bypass logic and explore creativity for personal, professional and team growth.

WHAT TO EXPECT

- FOCUSING ON GOALS
- DESCRIBE HOW YOU WANT REALITY TO BE
- REFRAME YOUR THINKING
- INDOOR & INNER CONQUERING WITH VARIOUS METHODS
- OUTDOOR ACTIVITIES TO OXYGENATE AND FUEL DISCOVERIES





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